Personal Development Health and Physical Education Policy

2011
to be reviewed
2014
RATIONALE
St. Francis Xavier’s Catholic School, Belmont has developed this Policy to support:

- The School’s Mission Statement.
- The understanding that the PDHPE Key Learning Area makes a unique contribution to the development of the whole person, including the social, mental, physical and spiritual dimensions of health and well-being.
- School planning and decision-making in K-6 PDHPE; this Policy will establish a sound philosophical and organisational basis for developing, implementing and evaluating learning experiences and assessing student achievement of syllabus outcomes.

AIMS
The aim of this policy is to assist each student to develop the knowledge, skills and attitudes needed to understand value and lead healthy, active and fulfilling lives.

IMPLEMENTATION
1. All teachers have access to a copy of the NSW PDHPE Syllabus.
2. PDHPE is allocated approximately 6%-10% of teaching time.
3. A School Scope & Sequence of topics is followed (see Appendix).
4. Students’ individual abilities are considered when planning units of work and learning opportunities are provided that cater for the identified needs of each student.
5. Students’ individual progress is monitored using a variety of assessments.
6. Student progress in PDHPE is reported at the end of Semester One and Semester Two using the Diocesan A – E Reporting Format.

TEACHER RESPONSIBILITIES
1. Implementation of the PDHPE syllabus appropriate to their stage/grade level.
2. The staff follows a Scope and Sequence to ensure that the content of all the strands is covered across the grades.
3. Development of a differentiated teaching program.
4. Allocate 6 - 10% of teaching time to the teaching of PDHPE.
5. To maintain ongoing assessment of both the teaching program and the children’s progress.
6. Modify their teaching program if necessary.
7. Ensure that assessment data is kept and supports their teaching programme.
8. Incursions and excursions are arranged to reinforce topics or units treated. CSO personnel, parents and community members are utilised where possible, to reinforce topics or units treated.
9. To providing information to parents on the progress of their child/children.
10. To submit term overviews which outline what they are doing in PDHPE.
EXECUTIVE RESPONSIBILITIES

1. To provide leadership in the teaching of PDHPE.
2. To ensure that all staff are kept up to date with CSO and Board of Studies requirements in relation to PDHPE.
3. To ensure that teachers are made aware of and provided with suitable professional development opportunities in PDHPE.
4. To ensure that all teachers are aware of their responsibilities in relation to the programming, teaching, assessment and reporting of PDHPE.
5. To monitor the programming, teaching, assessment and reporting of PDHPE in the school.
6. To determine an appropriate amount within the yearly budget for training and the purchase of resources.
7. To lead the development, implementation and review of the school’s PDHPE Policy.

BUDGET

To set an appropriate amount from within the annual school budget that will ensure the effectiveness of this PDHPE Policy.

EVALUATION

Effective teaching and learning in PDHPE and Sport requires effective planning, programming, assessing and reporting practices. The quality of these practices is further enhanced when evaluation procedures that focus on improvement are in place.

This policy will be reviewed every 3 years or as required by CSO or Board of Studies amendments.
## Appendix

### Physical Education and Sport Opportunities

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